

Sample Daily Schedule- Preschool for Little STEaMers

Daily schedules are developed with the following in mind:

- Matching the age and abilities of the children.
- Outdoor time, both structured and unstructured, every day.
- At least two large blocks of time for child-directed learning.

And include:

- Morning and Afternoon Group Time
- Small-Group Activities
- Morning and afternoon child-directed learning in learning centers
- Outdoor play and activities
- Snack and meals
- Rest time

Times may vary depending on children’s interests and weather

Time	Activity
8:00 – 8:30 am	Morning Extended Care
8:30 – 9:30 am	Open Centers/small groups and individual activity
9:30– 10:00 am	Circle Time/Large group activity
10:00 – 10:30 am	Morning Snack Time (Handwashing before and after eating)
10:30 – 11:00 am	Project time/Steam Activity Centers
11:00 – 11:30 pm	Indoor/outdoor physical play time
11:30 - 12:00 pm	Second Circle Time Language/Math Development
12:00 – 12:30 pm	Lunch (Handwashing before and after eating)
12:30– 1:00 pm	Story Time
1:00 to 3:00 pm	Quiet Time Nap Time (children nap or rest quietly. As children wake up, they can select from a variety of quiet activities for alternative)
3:00 – 3:30 pm	Wake Up and Snack Time (Handwashing before and after eating)
3:30 to 4:15 pm	Language Classes Chinese, Spanish and American sign Language
4:15 – 4:45 pm	Play Time (outdoor indoor play) (Handwashing after playing)
4:45 – 5:30 pm	Project Time Circle Time Etiquette Life Skills
5:30 – 6:00 pm (closing)	Music movement and Yoga Time
6:00 – 6:30 pm	Afternoon Extended Care